

### **ACTIVITIES OF THE INSTITUTION:**

We Conducting various activities, These are Rural Clinic & distribution of medicines, Summer water distribution camp, plantation program, Sanitation Program, Community health & awareness camp, Mother & child health care program, AIDs awareness camp, Reproductive Child health training and blood donation camp, Rehabilitation for the children, Sports activities, Cultural Program, Life skill education program, emergency medical support, Family welfare camp, Awareness on Malaria eradication, Awareness n Child labour, Population control awareness, Legal Awareness, Health on Wheel Program etc. There are around 70000 thousand people are to be benefitted during last 3 years.

### **Mobile Health Checkup Clinic :**

About 3500 families have been benefitted from this mobile clinic. Our doctors Mamata Mohanty with a team of doctors are constantly in touch with the people and availing the health services. The diarrhea death has been checked successful and about 1165 families have learnt preparing ORS. 15000 people of Odisha are benefited in this Mobile health checkup throughout this year 2016-17. The traditional belief is going away. Instead of worshipping God during any casualty in health hazards, people have started consulting doctor and are taking medicine prescribed by doctor.



### **Health On Wheel Programme:**

In daily News regarding the poor & precarious health status of our people of Odisha & all over the Country. Mamata Charitable Trust is determined to provide health services to poor, downtrodden, underprivileged & unreached areas by our program “**Health On Wheel**”. We conducted health on wheel programs in different areas / streets of Odisha. Since 7- 8 years for checking of Blood, Sugar, Diabetes, Blood Pressure and many health related diseases checkup and provided as free services to the people with a group of members, doctors, pharmacists, nurses & management members in our Health On Wheel Ambulance vehicle with all required clinical instruments.



### Community Health and awareness Camp:

Organizing training for eligible couple between age group 18-35 and educate them on causes of IMR, MMR to take care of child immunization, education and nutrition. Organizing health camps on health care and sanitation. Creating cultural programmes to spread mass awareness. Encouraging herbal practitioners to improve upon their profession. Immunization awareness programme among the women members of all the program villages of 15 operational areas in Bhadrak and Keonjhar district in the year 2016-17, so as to make them feel the importance of various immunization doses.



### Awareness on Malaria Eradication:

Khordha district is now a malaria prone areas, our organization were organized huge camp to educate the local people for prevent of malaria with BMC, Bhubaneswar Odisha.



### HIV/AIDS awareness Camp :

After having a survey in a particular area about 700 women commercial sex workers



have been identified. The studies were made counseling were made to the women CSW to returned back to the main stream of development. Three women groups (SHG) have been promoted and savings and credit is going on. These CSW's are not able to avail Govt facilities and there is every fear of HIV/AIDS. Therefore three awareness campaigns were organized and it was observed that some that some impact is there.



### **Child Nutrition Health Training Programme:**

Mamata Charitable Trust has organized a child nutrition Health Training Programme by Doctor Mamata Mohanty at its office on 13<sup>th</sup> August 2016, 6<sup>th</sup> Nov, 2016. & 20<sup>th</sup> January, 2017. This training was for community women to be aware of their health and nutrition issues, mainly physical and psychological care, precautions in pre maturity period. Care for new born child and care of mother.

The training camp was attended by 170 women from different communities. Some other important issues discussed were Immunization. Family Planning, health and nutrition of child and mother, health related government schemes and programmes.



### **Disabled Literacy Awareness Programme:**

10% of Indian children are below 14 years of age has some kind of an impairment or physical disability. Their absolute number is a staggering 30 million, which mandates a

responsible and effective role of the society. Some of the common and well recognized disabilities include deafness, blindness, impairment of movement, obvious deformities and mental retardation. Mamata Charitable Trust conducted disabled literacy awareness programme throughout this year 2016-17 to aware the Women to undertake adequate and effective preventive measures during their pregnancy and immediate postnatal period and also for their children especially during the early childhood period, in order to significantly reduce the incidence of impairment and disabilities in them.



### **Adolescent's Education & Training Programme :**

In the tender age we have seen all the girl are making mistakes which are becoming a problem which cannot be solved so for the development and empowerment of the adolescent girls we have started up skilled development programme the aim after this is to keep the adolescent girls away from the problems faced by them in the day to day life.



### **Reproductive Child Health Training and Safe Motherhood Camp:**

Mamata Charitable Trust has organized a Reproductive child Health Training Programme by Doctor Mamata Mohanty at its office on 5<sup>th</sup> April , 6<sup>th</sup> August & 18<sup>th</sup> November 2016. This training was for community women to be aware of their health



and nutrition issues, mainly physical and psychological care, precautions in pre maturity period. Care for new born child and care of mother campaign was held on 12<sup>th</sup> September 2016 and 10<sup>th</sup> January 2017.



### **Care Mother & Child Health:**

Mother & Child health care is an important aspect of health programme. Mothers were trained on antenatal care and postnatal care. Besides, they were educated with immunization, nutrition of child and care of pregnant women. The importance of breast feeding was also understood. About 55% women have changed their attitude. The mother in laws were counseled and asked to take care of the pregnant women and their food practice. Gradually the women are removing the social taboos and traditional practices.



### **Emergency Medical Support:**

The emergency medical support has been immensely useful for the poor community this has been a life saving emergency support to the poor community at the time of need. Free medicines were distributed during the last year to the needy and poor people. Besides this support has been used for treatment of many critical diseases to

the mother and children.



### **Family Welfare Camp:**

If we look in to the present stage of the life and within the family we came to that they are facing many types of family problems for this purpose to look in to the matter the organization has started up family welfare camp kith active co-operation of the youth group of this village copper-T was given two women contraceptives were distributed among the women desiring to plan birth the programme was successful.



### **Population control Awareness:**

Population growth is one of the major problems of our country. Better life was not possible unless family planning was promoted at a faster pace. National population policy creates a healthy climate in favor of family planning. Children by choice are not possible when the parents do not want them. People should have to accept the program voluntarily. Mamata Charitable Trust has taken the responsibility of how the rural ST/SC people can show interest for the program and extend their full cooperation. Several awareness programs like rallies had been organized by Mamata Charitable Trust to create awareness in underdeveloped areas in this year 2016-17.





### **Female Foeticide Awareness Programme:**

The balance in both sex of human being is very much essential for a healthy society. Hence the declining trend of female sex ratio has been concerned for all throughout the country now days. During the last decade the imbalance sex ratio has created varieties of social problems like trafficking of women , sex abuse , eve teasing , insecurity of women , rape , molestation etc.It is evident that choice of male fetus right from the womb of mother by the parent and female foeticide specifically is the first and foremost reason of declining female sex ratio. In spite of laws existing against determination of sex, the heinous act of female foeticide rampantly spreading in the society due to the existing mindset of parents and defective socialization process. Amendment of laws alone cannot be able to combat the said problem unless social awareness is created.Odisha is a fast growing state in imbalane sex ratio. There are only 941 girl child under the age of 6 years per 1000 male child as per the 2011 census. In some districts of coastal Odisha the situation is alarming and Khordha is one among them having only 925 girl child less than 6 years.

MAMATA CHARITABLE TRUST, Bhubaneswar, Dist –Khordha in collaboration with State social Welfare Board, Odisha , Bhubaneswar and District social welfare Office, Puri organized Campaign against female foeticide for Puri district at Nimapada, puri for the year 2016-17.

The awareness rally with the participation of around 200 members including volunteer, girls student, SHG women group, officials, media personnel and social activities was organized also . The rally started from Dolabedi Chowk ,Nimapada, Puri proceeded to

to Block Office with placards & slogans female foeticide “save the girl child” started at 10.00A.M to 2.00PM.



#### **4. REPUTATION OF THE INSTITUTION**

Mamata Charitable Trust awarded by many organizations for its Social work & provides health services to people. These are

(a) Got MOTHER TERESA SADBHAVANA AWARD by International Business Council for outstanding achievements in chosen field activities.

(b) Got SADBHAWANA AWARD by Rajiv Gandhi Foundation, New Delhi, in the year, 2009 for provided health service.

(c) Got ORISSA PRESS ACADEMY AWARD by Orissa press academy in the year, 2009, for provided services by popular doctors.

(d) Got NIRLIPTA SMRUIT SAMMAN AWARD by ASHRAYA, sarankul, Nayagarh, Odisha, in the year, 2011 for Social working.

(e) Got KARTABYA AWARD by Kartabya, Jharpada, and Bhubaneswar in the year, 2011 for Social work.

(f) Got NAGAR BANDHU AWARD by Bhubaneswar Municipal Corporation, Odisha in the year, 2012 for Social work.



